

NOVEMBER 23TH

10:00 - 19:30 H

URBAN DAY

Retreat

BREATHWORK
+ ICE

INNERDANCE

HEALTHY FOOD

SOUND HEALING

YOGA

ROOF TERRACE HOTEL EXE
LAS PALMAS

@YOGAHOMELASPALMAS
@INNERDANCE_EUROPE
@SANADHARMA_

Wellbeing in the heights

129€

Immerse yourself in a day of transformative experiences on the most exclusive rooftop hotel in Las Palmas. Enjoy a day designed to revitalize body and mind, surrounded by a panoramic view of the sea that will remind you of the greatness of connecting with yourself.

This event is your opportunity to explore self-knowledge and wellness techniques in an urban and sophisticated environment.

Book it now !

Exclusive event with limited places. Don't miss the opportunity to live this unique experience. Book now!

Website: www.sanadharma.com



Organized by:

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**ROOF TERRACE HOTEL EXE
LAS PALMAS**

Calle Sagasta, 28 Las Canteras LAS PALMAS

